

# SEPTEMBER SAFETY AWARENESS:

## National Preparedness Month

National Preparedness Month (NPM), recognized this September, provides an opportunity to remind us that we all must prepare ourselves and our families now and throughout the year.

### Disasters Happen. Prepare Now. Learn How.

#### Week 1: September 1-8 ~Make and Practice Your Plan

- Make an emergency plan.
- Sign up for alerts & warnings in your area.
- Learn your evacuation zone & have a plan.
- Make & practice your plan graphics.

#### Week 2: September 9-15 ~Learn Life Saving Skills

- Learn how to mitigate your home against flood damage or protect against the impacts of earthquakes.
- Learn how to turn off utilities like natural gas.
- Place smoke alarms on every level of your home & test them monthly.
- Keep home safe from cooking, heating & electrical fires.

#### Week 3: September 16-22 ~Check Your Insurance Coverage

- Check and review your insurance coverage (i.e., earthquake, flood, and fire)

#### Week 4: September 23-30 ~Save for an Emergency

- Plan financially for the possibility of disaster.
- Complete an Emergency Financial First Aid Kit (EFFAK).
- Maintain emergency savings.

It is important to be prepared in advance for disasters to help yourself and your community.

Please check out [www.ready.gov](http://www.ready.gov) for more resources.

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Skills

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Insurance  
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